Species Profiles: Life Histories and Environmental Requirements of Coastal Fishes and Invertebrates (Gulf of Mexico)

SOUTHERN FLOUNDER

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Fish and Wildlife Service
U.S. Department of the Interior

U.S. Army Corps of Engineers
SOUTHERN FLOUNDER

NOMENCLATURE/TAXONOMY/RANGE

Scientific name .......... Paralichthys lethostigma (Jordan and Gilbert)
Preferred common name ....... Southern flounder (Figure 1).
Other common names ........ Flounder, mud flounder, doormat, and halibut
Class .................. Osteichthyes
Order .................. Pleuronectiformes
Family .................. Bothidae

Geographic Range: The southern flounder inhabits the coastal waters of the east coast and the Gulf of Mexico (Figure 2) from North Carolina to Texas. They are common along the shores of bays, sounds, and lagoons in comparatively shallow waters and sometimes enter freshwater (Guthertz 1967).

MORPHOLOGY AND IDENTIFICATION AIDS

Dorsal fin rays range from 80 to 95; anal rays from 63 to 74, and pectoral fin (eye side) rays from 11 to 13. Upper gill rakers on the upper limb of the first gill arch range from 2 to 3 and lower gill rakers on the lower limb from 8 to 11. Scales in the lateral line range from 85 to 103. Body depth is 30% to 47% of standard length (SL). The eyes are on the left side and color is light to dark brown with diffuse mottled dark spots and blotches. The blindside
Figure 2. Distribution of southern flounder in the Gulf of Mexico coastal region.
is white or dusky (Hoese and Moore 1977).

REASON FOR INCLUSION IN THE SERIES

The southern flounder is a valuable sport and commercial fish along the gulf coast. Sport fishing is done by hook and line and by gigging. Most of the commercial catch is incidental to the catch by shrimp trawlers. According to Jackson (1972) the southern flounder is "one of the most sought after and prized fish in the area and is recognized for its fine flavor."

LIFE HISTORY

Spawning

Most southern flounders spawn in late fall and early winter, but some spawn in early spring (Ginsburg 1952).

In North Carolina, southern flounders migrate out of estuaries in fall to spawn (Hildebrand and Cable 1930). In Texas, they migrate from estuaries into the Gulf of Mexico from October through December, apparently to spawn (Stokes 1977). Males move seaward earlier than females and few remain in the estuaries after November. This migration is usually preceded by a drop in water temperature of 4° to 5°C. Southern flounders are caught in gulf waters as deep as 63 m.

Females become sexually mature at 2 years of age in Texas (Stokes 1977). The youngest mature female southern flounder in northern Florida was 4 years old (Nall 1979). Of the mature females collected in August, 8% of the 4-year-olds, 5% of the 5-year-olds, and 16% of the 6-year-olds were developing eggs.

Southern flounders in Texas were induced to spawn in the laboratory (Arnold et al. 1977). About three weeks before spawning took place, males began following gravid females in the tanks. The first spawning was on December 21. Spawning was at midday, when females swam to the surface and released eggs that were immediately fertilized by attending males. Fertilization was 30% to 60% successful, and 6% to 35% of the eggs hatched in 61 to 76 hr (Arnold et al. 1977).

Fecundity

Thirteen southern flounders examined in the laboratory, produced a total of 120,000 eggs (average about 9,230; Arnold et al. 1977).

Larvae

In culture, yolk-sac larvae began metamorphosing to postlarvae at 40 to 46 days (8 to 11 mm long); metamorphosis was complete by 50 to 51 days (Arnold et al. 1977).

Juveniles and Adults

Postlarvae of southern flounder 18 to 34 mm in total length (TL) were captured during February, March, and May at Galveston Island, Texas (Arnold et al. 1960); fish 25 to 51 mm TL were caught in Mississippi River passes during spring (Kelley 1955).

Southern flounder postlarvae are caught along the Gulf of Mexico coast during winter and early spring, in Aransas Bay, Texas, the peak movement of postlarval flounders into estuaries is in February, when water temperatures are between 13.0° and 16.2°C (Stokes 1977). In Texas, Breuer (1962) found postlarvae 35 to 50 mm TL in December.

Juveniles are generally collected during spring, summer, and early fall.
Juveniles 50 to 100 mm TL were caught on the seaward beaches of islands in Louisiana in April (Gunter 1938), and fish 34 to 57 mm long were caught in marsh areas of the Mobile Delta during December and from February to April. Near the mouth of the Mississippi River, adults and juveniles were captured during summer in addition to a few adults taken in winter (Kelley 1965). Near Galveston Island, Texas, a single juvenile was captured in September (Arnold et al. 1960). Juveniles and adults were collected in the Mobile Delta in water of salinities ranging from 0 to 22.2 parts per thousand (ppt) (Swingle and Bland 1974).

From April 1974 to February 1975, adult southern flounders migrated in shallow waters from the Gulf of Mexico to Aransas Bay, Texas; the migrations were complete by late June (Stokes 1977). Adult flounders live in Texas bays from June through November, in water with abundant smooth cordgrass (Spartina alterniflora) (Stokes 1977).

GROWTH CHARACTERISTICS

A von Bertalanffy growth model for the southern flounder was also calculated by Nail (1979):

\[ SL_t = 1.461 \left[1 - e^{-0.0308 \times (1-0.8629)}\right]. \]

In this equation, \( SL_t \) is standard length (mm) at end of time period \( t \) and \( t \) is the time interval. This model predicted a maximum length (SL) of 1,461 mm, but the largest southern flounder reported in the literature was 762 mm (Ginsburg 1952). The model predicts a maximum age of 20 years.

Growth data on the southern flounder are available only from Florida and Mississippi. Annual growth increments in total length (to the nearest 1 mm) for southern flounder in Florida, based on scale measurements and analysis of 177 fish by age group and length (mm), were as follows: 0-I, 79; I-II, 70; II-III, 49; III-IV, 45; IV-V, 46; V-VI, 40; VI-VII, 37; VII-XIII, 34; and VIII-IX, 41 (Nail 1979). Except for VII-IX, growth rate declined with an increase in ages.

In Florida the following total length ranges (to the nearest 1 mm) for each age were reported, I, 79; II, 80-142; III, 84-134; and IV, 170.0-215 (Nail 1979). In Mississippi, southern flounders were larger at the same age increment than in Florida: II, 230 mm; III, 340 mm; and IV, 480 mm (Etzold and Christian 1979).

FISHERY

Most southern flounders caught for commercial sale in the Gulf of Mexico are taken by shrimp trawlers. All species of flounders caught in the Gulf, among which the southern flounder predominates, are combined in the commercial fishery statistics. Of the commercially landed flounders in Alabama, 95% were caught by shrimp trawlers and the remainder by gigging (Swingle 1976). The commercial landings of flounders in the Gulf States declined from 1971 to 1981 (Table 1). Landings in Alabama peaked in 1972 (1,169,800 lb) and generally decreased to 1981 (585,192 lb). Louisiana landings peaked in 1972 (507,300 lb) and decreased substantially to 1981 (136,962 lb). The landings in Mississippi decreased from 172,000 lb in 1971 to 28,615 lb in 1981.

Southern flounders are caught by sport fishermen along the entire northern Gulf of Mexico, but information on the fishery is available only for Alabama and Mississippi. In Mobile Bay and the nearby coastal waters, flounder fishing is most productive from piers (Wade 1977). The cost of daily fishing trips on fishing piers in 1977 ranged from $5.42 to $14.55. In 1969, in a 6-month period in Biloxi Bay, Missis-
Table 1. Commercial landing (hundreds of pounds) and dockside value (hundreds of dollars) of flounders in five States, 1971-81.

<table>
<thead>
<tr>
<th>Year</th>
<th>Florida</th>
<th>Texas</th>
<th>Alabama</th>
<th>Louisiana</th>
<th>Mississippi</th>
<th>Total</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>Weight</td>
<td>Value</td>
<td>Weight</td>
<td>Value</td>
<td>Weight</td>
<td>Value</td>
</tr>
<tr>
<td>1971</td>
<td>295.5</td>
<td>76.9</td>
<td>431.1</td>
<td>75.6</td>
<td>950.8</td>
<td>154.6</td>
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<tr>
<td>1972</td>
<td>304.0</td>
<td>80.9</td>
<td>453.8</td>
<td>119.7</td>
<td>1,169.8</td>
<td>188.4</td>
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<tr>
<td>1973</td>
<td>263.2</td>
<td>79.2</td>
<td>241.9</td>
<td>105.2</td>
<td>709.0</td>
<td>136.2</td>
</tr>
<tr>
<td>1974</td>
<td>226.5</td>
<td>66.0</td>
<td>507.1</td>
<td>149.0</td>
<td>916.5</td>
<td>180.0</td>
</tr>
<tr>
<td>1975</td>
<td>219.3</td>
<td>68.5</td>
<td>492.6</td>
<td>176.0</td>
<td>832.0</td>
<td>174.3</td>
</tr>
<tr>
<td>1976</td>
<td>232.5</td>
<td>79.0</td>
<td>437.0</td>
<td>101.1</td>
<td>803.4</td>
<td>195.8</td>
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<tr>
<td>1977</td>
<td>310.9</td>
<td>171.5</td>
<td>598.5</td>
<td>163.2</td>
<td>292.5</td>
<td>102.4</td>
</tr>
<tr>
<td>1978</td>
<td>242.3</td>
<td>174.3</td>
<td>638.7</td>
<td>209.6</td>
<td>306.0</td>
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<tr>
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<td>195.3</td>
<td>271.6</td>
<td>53.5</td>
<td>86.1</td>
<td>920.2</td>
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<tr>
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<td>225.8</td>
<td>42.1</td>
<td>84.8</td>
<td>704.2</td>
</tr>
<tr>
<td>1981</td>
<td>585.1</td>
<td>136.9</td>
<td>304.3</td>
<td>28.6</td>
<td>87.6</td>
<td>750.7</td>
</tr>
</tbody>
</table>

sippi, southern flounders contributed only 2.6% of the total sport catch. Catches were highest in October and November and lowest in September (Jackson 1972).

**ECOLOGICAL ROLE**

**Food Habits**

Small southern flounders eat a variety of invertebrates, but become piscivorous when they are about 200 mm long (TL). In Louisiana, adult southern flounders ate shrimp and fish (Kiel et al. 1986). In a more detailed study in Louisiana, Fox and White (1969) reported that striped mullet (Mugil cephalus) was the major food item of southern flounders, followed by fat sleepers (Dornilator maculatus) and anchovies (Anchoa). The major foods (percent frequency of occurrence in stomachs) were as follows: striped mullet—57% in December-February; Anchoa sp.—30% in March-May; Callinectes sp.—6% in June-August; and fat sleeper—30%, Anchoa sp.—4%, Palaeomonetes sp.—3%, and Penaeus sp.—5% in September-November. Fat sleepers appeared in the diet in October but disappeared in 2 to 3 weeks.

In Texas, Stokes (1977) reported that small flounders (10 to 150 mm long) ate mostly invertebrates (95%), among which mysids were the most common (32%). Larger flounders (150 mm long) ate primarily fish, among which anchovies, menhaden (Brevortia sp.), sciaenids, and mullet (Mugil sp.) were most common.

**Behavior**

In a Louisiana study of day versus night trawling, 89% of southern flounders were caught at night; apparently because they are more vulnerable to trawling at night than during daylight (Dugas 1975). A tank study confirmed that flounders are more active at night (Dugas 1975).

A tag-recapture study of southern flounders in Texas revealed that movements between and within estuaries rarely exceeded 18 km (Stokes 1977). The time between release and recapture ranged from 3 to 212 days.

**ENVIRONMENTAL REQUIREMENTS**

**Temperature**

Temperature influences the migration of postlarval and adult southern flounders. Postlarval migration to estuaries from offshore waters peaked when water temperatures were about 16°C (Stokes 1977).

In Louisiana coastal waters, adult southern flounders have been collected at temperatures ranging from 5° to 35°C. In lakes Pontchartrain and Maurepas, they were collected at water temperatures of 15.0° to 35°C from February through September (Tarver and Savoie 1976). In Louisiana, southern flounders were collected at temperatures of 5° to 35°C (Perret et al. 1971). In another Louisiana study, southern flounders were caught in waters with a temperature range of 10° to 30°C; most catches were made from May through August (Barrett et al. 1978).

**Salinity**

Adult southern flounders have been collected in waters with salinities of 0 to 36 ppt (Christiames and Waller 1973; Perret and Calliout 1974; Tarver and Savoie 1976; Stokes 1977; Barrett et al. 1978). In Mississippi the largest catches of juveniles and young adults were at salinities of 15 to 20 ppt (Christmas and Waller 1973).

A study of the effect of salinity on survival and growth of early postlarval southern flounders showed that
survival was not affected by salinities lower than 26 ppt (Deubler 1960). Growth, however, was faster at higher salinities. In North Carolina the older postlarvae grew faster in water of low salinity (Stickney and White 1973), although the differences in growth were not as clearcut as those of Deubler (1960). In Texas, older postlarvae may be more physiologically adapted to low salinities than younger postlarvae (Stokes 1977). Postlarvae were not collected in water of low salinities (10 to 12 ppt) until March.

Dissolved Oxygen

In a laboratory study, postlarval southern flounders attempted avoidance when dissolved oxygen concentrations fell below 3.7 mg/l. No avoidance differences were noted at temperatures of 6.1°, 14.4°, or 25.3°C (Deubler and Posner 1963).

Substrate

Southern flounders apparently show no preference for a particular type or bottom, though they rarely live on hard bottoms (Ginsburg 1952). In northeast Florida, Nall (1979) collected 152 flounders from mud bottoms and 25 from mud and sand bottoms, but none from hard bottoms. In Florida Bay, southern flounders were collected over shell and firm marl bottoms (Tabb and Manning 1961).


