FINAL PERFORMANCE REPORT

South Carolina State Wildlife Grant SC-T-F21AF03274

South Carolina Department of Natural Resources Project period: October 1, 2021 – December 31, 2022

Project Title: Determining the importance of the South Carolina coast to the

overwintering survival and reproductive output of the Monarch

Butterfly (Danaus plexippus)

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Project Goal: The goal of this study was to understand the importance of the South Carolina coast to the overwintering survival and reproductive output of the Monarch Butterfly (*Danaus plexippus*). The findings from this project are intended to enable natural resource managers to develop conservation strategies to mitigate the effects of land use changes on monarch populations in coastal South Carolina.

Objectives:

Our specific objectives were to:

- 1) Empirically validate overwintering of Monarch Butterflies;
- 2) Test the assumption that Monarch Butterflies are in reproductive diapause during their fall migration period (Aug-Nov) and while overwintering (Dec-Mar);
- 3) Document critical habitat used by larval Monarchs during the fall, winter, and spring periods (including distribution of important larval food plants); and
- 4) Identify habitat preferences and sources of winter nutrition for adult Monarch Butterflies.

Introduction

Variability in the distribution and phenology of individual species across spatial and environmental gradients can highlight how ecological factors allow realized niches to manifest from their broad theoretical ones (Guisan & Thuiller 2005, Godsoe et al. 2017). Range-wide variability in species' traits and associated environmental conditions, both of which help to determine realized niches (Poff et al. 2006), can be important for appropriate parameterization of trait-based distribution models (Morin et al. 2007, Lavergne et al. 2010) and has important implications for understanding ecological interactions (Des Roches et al. 2017, Raffard et al. 2019). For widely dispersed species, understanding trait variability is particularly important since populations may interact with their environment in vastly different ways across their geographic range.

Monarch Butterflies (*Danaus plexippus*) are a global species inhabiting North and South America, Indo-Pacific islands, Australia, New Zealand, and parts of southern Europe (Nail et al. 2019). This widespread distribution has led to a diversity of morphologies (Altizer & Davis 2010, Freedman et al. 2020), life histories (Brower et al. 1995), and population genetics (Pierce et al. 2015, Pfeiler et al. 2017). Monarch Butterfly traits have been documented throughout much of the species' native range in North and South America, including in the eastern Monarch population (Davis et al. 2015) situated east of the Rocky Mountains, the western Monarch population (Yang et al. 2016) situated west of the Rocky Mountains, as well as South American portions of their range (Freedman et al. 2020).

The eastern Monarch butterfly population is often defined by sharing several key traits, which include reproductive diapause during their fall migration to overwintering grounds in Mexico (Dockx 2012) and heavy reliance on, and migration synchrony with, the flowering phenology of the milkweed species, *Asclepias syriaca*, *A. incarnata*, and *A. viridis* (Freedman et al. 2021). Other monarch butterfly populations do not necessarily share these key traits (Freedman et al. 2020), with Monarch Butterflies showing reproductive activity in the fall in South Florida (Van Hook 1991) and heavy reliance on other species of *Asclepias* and non-*Asclepias* Apocynaceae that are native to the local environments (Ladner & Altizier 2005, McCord & Davis 2010). While distinguishing populations of Monarch Butterflies can be difficult (Freedman et al. 2021), variability in these traits, and the fitnesses associated with them, may aid in distinguishing these populations from one another (Freedman et al. 2020).

To address the objectives of this study (see above), we first used a truncated version of a long-term capture-mark-recapture dataset (2018 – 2022) to compare monarch butterfly traits between two different coastal habitats: maritime and inland swamps. We then analyzed long-term (1996 – 2022) capture-mark-recapture patterns within the maritime habitat.

This study documents key behavioral and life history traits associated with Monarch Butterflies in two coastal plain habitats of coastal South Carolina (hereafter SC) in the southeastern United States. Its major findings include documenting the phenology of Monarch habitat use by comparing the distribution, breeding activity, and plant associations across maritime and inland swamp habitats. By contrasting these traits from Monarchs in coastal plain environments with more well-studied central US and western monarch populations, resource managers can better develop conservation and natural resource management plans for Monarch Butterflies.

Methods

Sample Collection

For trait comparisons across habitats, capture-mark-capture of individual Monarchs occurred from January 2018 to April 2022 using primarily aerial nets, and marked with specialized, self-adhesive, disc-shaped, polypropylene tags with unique identifying codes for marking Monarch Butterflies and procured from Monarch Watch. Sampling occurred in two habitats: inland swamps and maritime habitats. Inland Swamp habitats consisted of bottomland hardwood areas with cypress and cypress-tupelo swamps of the mid-Atlantic coastal plain and southern coastal plain ecoregions (Griffith et al. 2002) in northeastern Charleston County and southeastern Berkley County, as well as West Ashley, SC. Maritime habitats consisted of barrier island and sea island habitats of coastal SC and were located near open water in Folly Beach, SC, James

Island, SC, and Mount Pleasant, SC in Charleston County, SC. Season was defined meteorologically as follows: Winter = Dec, Jan, Feb; Spring = Mar, Apr, May; Summer = Jun, Jul, Aug; and Fall = Sep, Oct, Nov.

Surveys of watersheds within the coastal plain were also conducted in the fall of 2021. Representative areas of inland swamps for 34 watersheds were visually surveyed during periods of low water for the presence of Aquatic Milkweed and any stage of Monarchs (i.e. egg, larvae, chrysalis, and adult). Findings are visualized by ascribing patterns based on HUC-12 watershed designations.

Statistical Approach

Generalized linear mixed effects models (GLMM) and generalized additive models (GAM) were developed in R using packages 'lme4' (Bates et al. 2015) and 'mgcv' (Wood 2011), respectively, for statistical analysis of tagging data (R Core Team 2021). For GLMM, likelihood ratio test of models as chi-squared ANOVA were developed to test for parameter significance, and modeled parameter values are reported as estimated marginal means, which were compared across habitats in pairwise fashion using the 'emmeans' package in R (Lenth 2018).

Results

Seasonal distribution patterns

Wild Monarch Butterflies were captured and tagged in all months of the year in coastal SC from 2018 to 2022, with most Monarchs from maritime habitats being captured in the spring, fall, and winter, while most Monarchs from inland swamp habitats were captured during the summer (Figure 1). Tag return rates averaged 26% across all months and habitats but varied seasonally for each habitat type (Figure 1).

When comparing the numbers of days between capture and re-capture events (hereafter referred to as 'days at large,' Figure 2), there was a significantly lower number of days at large for Monarchs collected from inland swamps (6.73 ± 1.12) compared to Monarchs collected from maritime areas $(11.78 \pm 1.95; \text{Chi.sq}_1 = 1131.4, P < 0.001, \text{SD}_{\text{Year}} = 0.37)$. For both inland swamps and maritime habitats, days at large varied significantly by day of year (P < 0.001) for both habitats, Figure 2). Monarchs congregated at the southern ends of maritime habitats (such as barrier islands) during the fall (Figure 3) when days at large numbers were low and southward migration was presumed to be occurring.

When comparing sex-specific size in spring and fall seasons across habitats, habitat, season, and their interaction were all significant factors (Table 2, Figure 4). Female Monarchs were smaller in inland swamps compared with maritime habitats for both the spring (z = -5.11, P < 0.001) and fall (z = -11.75, P < 0.001; Table 2). Male Monarchs were also smaller in the inland swamp compared with maritime habitats for both the spring (z = -8.32, P < 0.001) and fall (z = -18.25, P < 0.001, Table 2). Within habitats, there was no seasonal difference in female Monarch size between the spring and fall for either maritime habitats (z = 0.107, P = 0.999) or inland swamps (z = -1.42, P = 0.489; Table 2). Similarly, there was no seasonal difference in male Monarch size between the spring and fall for maritime habitats (z = 0.668, z = 0.909) or inland swamps (z = -2.20, z = 0.123; Table 2).

Breeding phenology and host plant phenology

Indicators of Monarch mating activity, including mating behavior, the presence of eggs, larvae, and chrysalises, were documented in both inland swamp and maritime habitats. An average of 2.8% of Monarchs were observed displaying mating behavior across all seasons in inland swamp habitats. In maritime habitats, an average of 2.6% and 3.1% of Monarchs were observed displaying mating behavior in both the fall (August to October) and spring (February to April), respectively, but only 0.28% were observed displaying mating behavior in winter (November to January).

Seasonal patterns in adult interactions with putative host plants (Figure 5) were observed with Swallow-wort (*Pattalias palustre* [formerly *Cynanchum angustifolium*]) representing an important plant for Monarch breeding in maritime habitats in the spring. Throughout the remainder of the year, the non-native Tropical Milkweed (*Asclepias curassavica*) is associated with a substantial amount of Monarch activity in maritime habitats. The native Aquatic Milkweed (*A. perennis*) was documented at inland swamps across 34 HUC-12 watersheds within the coastal plain physiographic region of SC throughout the fall, spring, and summer (Figure 6; no sampling was conducted in the winter). Monarch Butterfly eggs, larvae, adults, and/or chrysalises were found in 18 of these watersheds (Figure 6).

Temporal Patterns in Maritime Habitats

When comparing the number of days at large for Monarch Butterflies captured in maritime habitats for the entire time period of available data (Figure 7), it is clear that Monarch Butterflies have been using maritime habitats in SC during the fall since at least the late 1990s, and likely much earlier than that.

For temporal patterns of Monarch Butterfly size during the fall, GLMM analyses show little clear evidence for systematic changes in the size of males from maritime habitats ($X^2 = 0.273$, P = 0.602), but there is some indication that female size in the fall within maritime habitats may be statistically increasing (Figure 8, $X^2 = 4.163$, P = 0.041), but mean size varies by < 1mm.

Discussion

While the population of eastern Monarch Butterflies is well-known for its North American migration from Canada to overwintering grounds in Mexico (Nail et al. 2019), an increasing body of evidence supports an Atlantic migratory flyway, situated east of North America's eastern continental divide (i.e. Appalachian Mountains), that may serve as a complimentary migratory route for Monarch Butterflies along North America's Atlantic seaboard (Malcolm et al. 1993; Brindza et al. 2008; Knight & Brower 2009; McCord & Davis 2010, 2012; Zhan et al. 2014; Vander Zanden et al. 2018; Freedman et al. 2021). The eastern continental divide represents an important barrier to dispersal for many species (e.g. Rissler et al. 2004, Schultheis et al. 2002), but its role as a potential barrier to Monarch Butterfly dispersal, such as separating putative Atlantic coast Monarch Butterflies from eastern Monarch Butterfly populations, warrants further investigation (Vander Zanden et al. 2018).

The results presented here show that numerous traits of Monarch Butterflies in SC's coastal plain are different from those behaviors described for eastern Monarchs (principally those west of the Appalachian Mountains). For instance, Monarch Butterflies in this study displayed reproductive

activity during migration periods, whereas eastern Monarch Butterflies are generally described as being in reproductive diapause during their migrations (Merlin et al. 2020). Furthermore, substantial reproductive activity is documented here during the fall season when low tag recovery rates (indicators of migration patterns) were also observed. How these patterns relate to the genetically distinct Monarch population recognized from South Florida (Zhan et al. 2014) is currently unknown.

Monarch activity and breeding during spring, summer, and fall seasons is associated with Aquatic Milkweed (*Asclepias perennis*), as demonstrated in the inland swamp habitats of this study. These habitats contain large expanses of Aquatic Milkweed that form on the floor of seasonally flooded areas of bottomland hardwood forests (e.g. Cypress-Tupelo swamps) and contain hydrochorous (water-dispersed) seeds that can remain floating for more than 6 months, serving as a seed bank (Edwards et al. 1994). Aquatic Milkweed is adapted to these systems which have extreme wet-dry cycles with late fall, winter, and early spring representing periods with higher water levels when plants are likely submerged, and late spring, summer and early fall representing drier periods, when plants are emergent or exposed above the water line and accessible to adult Monarchs for both nectaring and as a larval host plant. Inland swamps also have lower minimal temperature when compared to their maritime counterparts which likely prevents their use during winter months (see below). Inland swamps are expansive throughout the southeastern US (Mitsch & Gosselink 2015).

Nectaring and breeding behavior of eastern Monarch Butterflies, including mating and offspring development, are most closely associated with milkweed plants, principally Common Milkweed, (Asclepias syriaca) as well as Swamp Milkweed (A. incarnata), Butterfly Weed (A. tuberosa), Whorled Milkweed (A. verticillate), and Poke Milkweed (A. exaltata). Destruction of breeding habitat, especially loss of milkweed (Asclepias spp.) plants, is thought to be one of the major factors contributing to declines in the eastern Monarch Butterfly population (Pleasants 2017). Monarch Butterflies observed in this study showed a principal reliance on both A. perennis and P. palustre, two members of the family Apocynaceae that grow in very distinct habitats (i.e. inland swamp and maritime habitats, respectively), but that have not previously been shown to support such extensive use by Monarchs.

Swallow-wort (*Pattalias palustre*), a plant in the milkweed family (Apocynaceae), is native to the coastal southeastern United States and is common in coastal SC grasslands with brackish soil that occurs very near tidal saltmarshes (McMillan et al. 2022). This plant is also known to be a larval host plant for the Queen Butterfly (*Danaus gilippus*), a congener of the Monarch.

While the introduction of non-native *Asclepias curassavica* is thought to contribute to increased reproductive activity of migrating fall Monarch Butterflies (Majewska & Altizer 2019), the phenology of native *Asclepias* spp. means that *Asclepias* flowers and leaves are not generally available for Monarch feeding or larval development during the fall. Fall migratory eastern migratory Monarch Butterflies are mostly in reproductive diapause, restricting their mating activity to spring migratory and summer residency periods (Dockx et al. 2012).

These findings support the contention that the traits associated with Atlantic coast Monarch Butterflies deserve additional attention to better understand the relationship between Monarch

Butterfly populations separated by the eastern US continental divide.

Temporal patterns in maritime habitats

Data presented here show that Monarch Butterflies have been using maritime habitats in SC during the fall since at least 1996. This is significant in the context of the potential role of the non-native Tropical Milkweed (*Asclepias curassavica*), which was not documented on Folly Beach, the primary maritime habitat in this study, until after that time. These data indicate that the use of maritime habitats by Monarch Butterflies is not driven by the presence of this non-native species. The impacts of this non-native plant on the biology and ecology of Monarch Butterflies in these maritime habitats, however, is unclear. Monarch Butterflies in this study were also found in association with numerous other wildflower species (e.g. *Helianthus debilis*, *Viburnum suspensum*, *Taraxacum officinale*, *Viburnum suspensum*, and *Raphiolepis indica*).

While the size of male Monarch Butterflies does not appear to be changing over time, analyses presented here indicate that the size of female Monarch Butterflies in the fall is increasing. While significant climate warming is leading to warming temperatures (IPCC 2014), warming temperatures should lead to decreases in the size of poikilothermic animals (Sheridan & Bickford 2011). The availability of the non-native *Asclepias curassavica* could be increasing food availability to larval Monarch Butterflies in these habitats and leading to increases in the average size of these animals. Further research is needed to understand the drivers of this pattern.

Specific responses to project objectives are as follows:

- 1) Empirically validate overwintering of Monarch Butterflies;
 - a. Data demonstrate that Monarch Butterflies overwinter in SC
- 2) Test the assumption that Monarch Butterflies are in reproductive diapause during their fall migration period (Aug-Nov) and while overwintering (Dec-Mar);
 - a. Prevalences of monarch spawning behavior in SC were much lower in the winter (0.28%) as compared to the fall (2.6%) and spring (3.1%).
- 3) Document critical habitat used by larval Monarchs during the fall, winter, and spring periods (including distribution of important larval food plants); and
 - a. Both aquatic milkweed (*Asclepias perennis*) and Swallow-wort (*Pattalias palustre*) are shown to be important larval host plants for Monarchs. This highlights the importance of bottomland hardwood forests and maritime habitats to Monarch Butterflies in SC.
- 4) Identify habitat preferences and sources of winter nutrition for adult Monarch Butterflies.
 - a. During winter, Monarch Butterflies were found exclusively in maritime habitats where native (e.g. *Helianthus debilis*) and non-native (*Asclepias curassavica*, *Viburnum suspensum*, and *Taraxacum officinale*) plants are currently found.

NOTE: Parts of this research have resulted in the submission of a manuscript for peerreview which will be shared with the Service upon acceptance and publication by the journal.

Significant Deviation:

The original objectives of this project were all met. As described in the proposal, this project was originally developed with four main objectives. Three of these four objectives were designed to

be met through analysis of existing data. The remaining objective (Objective #3) proposed to use "systematic geospatial field surveys" to help document the occurrence of Aquatic Milkweed. While conducting field surveys, it was revealed to us that we had an opportunity to increase the relevance of the long-term Monarch Butterfly tagging dataset by tagging new Monarchs found within both maritime and bottomland hardwood forest habitats. Monarch Butterflies were tagged as described above and the data were included as part of the long-term tagging dataset. Since a majority of the long-term tagging dataset was focused on maritime habitats, the newly collected data that sampled both maritime and inland habitats served to bolster the findings that bottomland hardwood forests are an important habitat for Monarchs in the southeastern US. Since the Monarch Butterfly was not listed at the time of the project, no additional approval for tagging from USFWS was sought.

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UPDATED TIMELINE (as of 12/31/2022)

Year 1 (2021-2022)	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep
Compile data into appropriate format	X	X										
Summarize recapture efficiency across seasons			X	X								
Map tag and recovery information			X	X								
Map nectar plants (Adult use, existing data)			X	X								
Document occurrence of mating behaviors during the fall and winter	X	X	X	X	X	X						
Document eggs and larvae found during the fall and winter	X	X	X	X	X	X						
NEW: Tag additional Monarch Butterflies	X	X	X	X	X	X	X					
Conduct surveys for larval host plants							X	X	X			
Map larval host plants (new and existing data)							X	X	X			
Develop spatially- and seasonally- explicit models delimiting critical habitat								X	X	X	X	
Write manuscript											X	X

Year 2 (2022)	Oct	Nov	Dec
Write manuscript	X	X	X
Submit manuscript			X
Prepare final report			X

Table 1. Results from likelihood ratio test of GLMM model on spatial and temporal patterns of Monarch size for fall and spring seasons.

Factor	X ² (fem. / male)	<i>P</i> -value
Location	138.15 / 332.87	< 0.001 / < 0.001
Season	2.008 / 4.85	0.15 / 0.03
Location*Season	7.066 / 24.12	0.008 / < 0.001

Table 2. Estimated marginal means (\pm se) from sex-specific models of Monarch size variation by habitat and season.

Habitat	Season	Female (mm)	Male (mm)
Inland Swamp	Fall	51.05 (0.38)	51.27 (0.28)
Inland Swamp	Spring	51.82 (0.38)	52.13 (0.27)
Maritime	Fall	53.17 (0.37)	53.83 (0.26)
Maritime	Spring	53.11 (0.38)	53.59 (0.25)

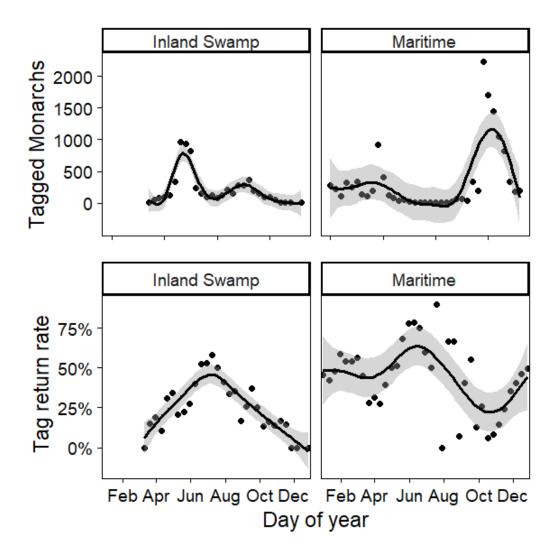


Figure 1. The number of tagged Monarch Butterflies (top panels) and the tag return rates (bottom panels) summarized over 10-day periods across the year. Smoothed lines and grey error ribbons show results of generalized additive models demonstrating non-linear trends.

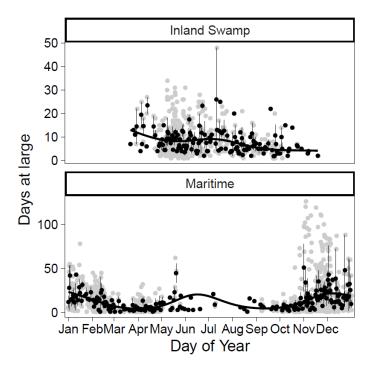


Figure 2. Days at large for each tagged Monarch Butterfly (grey points) mean (±SE; black points) from inland swamp (top panel) and maritime (bottom panel) habitats. Smoothed lines show results of generalized additive models demonstrating non-linear trends.



Figure 3. Congregation of Monarch Butterflies at Folly Beach, SC during fall migration on November 12, 2017. Monarch Butterflies tend to congregate on the south ends of barrier islands during the day and then migrate southward to other barrier islands with calmer winds each morning. This period coincides with a high tag rate, but low tag return rate in the fall (photo credit: M. Kendrick).

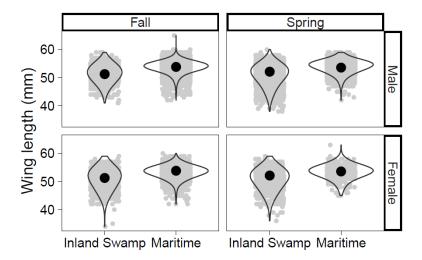


Figure 4. Comparison of Monarch Butterfly sizes (wing length, mm) across sexes (males and females) habitats (inland swamps and maritime habitats) and seasons (fall and spring). Grey points represent individual Monarch Butterflies with violin plots demonstrating density distribution and black points show modelled estimated marginal mean values.

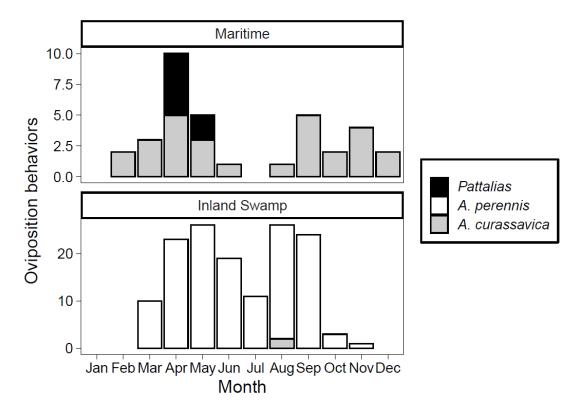


Figure 5. Numbers of Monarch Butterflies displaying oviposition behavior associated with putative host plants from maritime (*top*) and inland swamp (*bottom*) habitats.

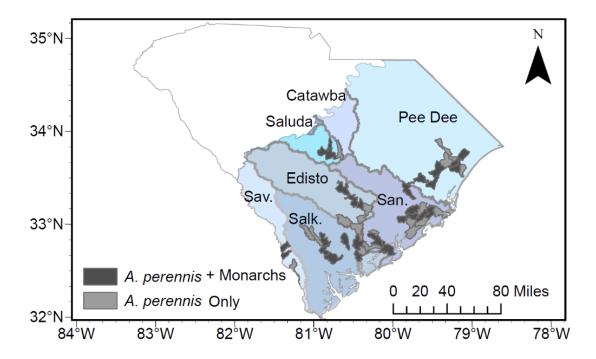


Figure 6. Aquatic Milkweed (*Asclepias perennis*) and Monarch Butterfly spatial associations on the coastal plain of SC.

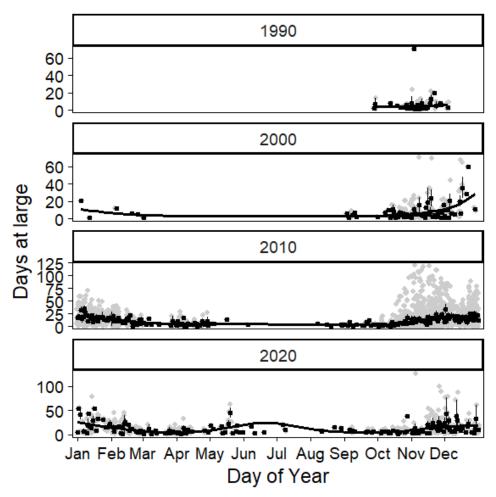


Figure 7. Seasonally specific days at large for each tagged Monarch Butterfly from maritime habitats only for each decade of available data. Smoothed lines show results of generalized additive models demonstrating non-linear trends.

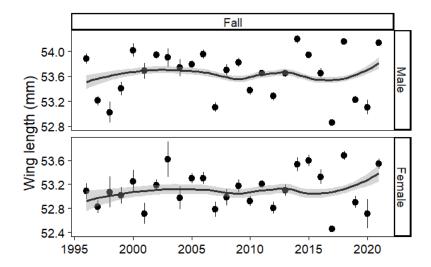


Figure 8. Mean (\pm SE) Monarch Butterfly sizes for each year of available data for male and female Monarch Butterflies at maritime habitats in the fall. Smoothed lines and grey ribbons show loess smoothing trends.

Recommendations: All objectives met. Close the grant.

scientific reports



OPEN Overwintering and breeding patterns of monarch butterflies (Danaus plexippus) in coastal plain habitats of the southeastern USA

Michael R. Kendrick[™] & John W. McCord

Understanding variability in species' traits can inform our understanding of their ecology and aid in the development of management and conservation strategies. Monarch butterflies (Danaus plexippus) are native to the western hemisphere and are well-known for their long-distance migrations but have experienced significant population declines in recent decades. Here we use a 5-year capturemark-recapture dataset to compare monarch distributions, mating activity, and larval host plant use between two coastal plain habitats in South Carolina, USA. We observed seasonally specific habitat use, with maritime habitats serving as overwintering areas while nearby inland swamps support significant breeding in spring, summer, and fall seasons due to an abundance of aquatic milkweed (Asclepias perennis). We also observed mating activity by fall migrating monarchs and their use of swallow-wort (Pattalias palustre) in the spring as an important larval host plant in maritime habitats. This phenology and habitat use of monarchs diverges from established paradigms and suggest that a distinct population segment of monarchs may exist, with significance for understanding the conservation status of monarch butterflies and associated habitats in eastern North America. Further research should explore how monarchs along the Atlantic coast of North America relate to other eastern monarch populations.

Variability in the distribution and phenology of individual species across spatial and environmental gradients can highlight how ecological factors allow realized niches to be manifested from their broad theoretical ones^{1,2}. Range-wide variability in species' traits and associated environmental conditions, both of which help to determine realized niches³, can be important for the appropriate parameterization of trait-based distribution models^{4,5} and has important implications for understanding ecological interactions^{6,7}. For widely dispersed species, understanding trait variability is particularly important since populations may interact with their environment in different ways across their geographic range. Sensitivity to overwintering conditions, for instance, is known to vary across invertebrate populations8.

Monarch butterflies (Danaus plexippus, hereafter monarchs) are found across much of the globe inhabiting North and South America, the Indo-Pacific islands, Australia, New Zealand, and parts of southern Europe⁹. This widespread distribution has led to a diversity of morphologies^{10,11}, life histories¹², and population genetics^{13,14}. Monarch traits have been documented throughout much of the species' native range in North and South America, including for the eastern monarch population¹⁵ situated east of the Rocky Mountains, the western monarch population¹⁶ situated west of the Rocky Mountains, as well as for South American populations¹¹. The eastern monarch population is often defined by sharing several key traits which include reproductive diapause during its fall migration to overwintering grounds in Mexico¹⁷ and heavy reliance on, and migration synchrony with, the phenology of several milkweed species. This includes the common milkweed, Asclepias syriaca, swamp milkweed, A. incarnata, and green milkweed, A. viridis¹⁸. Not all monarch populations share these key traits¹¹, however, with fall monarchs in the southeastern US showing evidence of reproductive activity¹⁹ and heavy reliance on other species of Asclepias as well as other genera within the family Apocynaceae that are native to the local environments^{20,21}. While distinguishing populations of monarchs can be challenging¹⁸, variability in these traits, and the fitness associated with them, may aid in distinguishing monarch populations from one another 11.

This study documents key behavioral and life history traits associated with monarch butterflies in two coastal plain habitats of coastal South Carolina (hereafter SC) in the southeastern United States. Its major findings

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include documenting the phenology of monarch habitat use by comparing the distribution, breeding activity, and plant associations across maritime and inland swamp habitats. By contrasting these traits from monarchs in coastal plain environments with more well-studied central US and western monarch populations, resource managers can better develop conservation and natural resource management plans for monarch butterflies.

Results

Seasonal distribution patterns. Wild monarch butterflies were captured and tagged in all months of the year in coastal SC from 2018 to 2022, with most monarchs from maritime habitats being captured in the spring, fall, and winter, while most monarchs from inland swamp habitats were captured during the summer (Table 1; Fig. 1). Tag return rates averaged 26% across all months and habitats but varied seasonally for each habitat type (Fig. 1).

When comparing the number of days between capture and re-capture events (hereafter referred to as 'days at large', Fig. 2), we observed a significantly lower number of days at large for monarchs collected from inland swamps (6.73 ± 1.12) compared to monarchs collected from maritime areas $(11.78 \pm 1.95; \text{Chi.sq} = 1131.4, P < 0.001, \text{SD}_{Year} = 0.37)$. For both inland swamps and maritime habitats, days at large varied significantly by day of year (P < 0.001 for both habitats, Fig. 2). Monarchs were observed to congregate at the southern ends of maritime habitats (such as barrier islands) during the fall (Fig. 3) when days at large were low and southward migration was presumed to be occurring. Monarchs were observed using aquatic milkweed (*Asclepias perennis*) at inland swamp habitats (Fig. 4) throughout much of the year.

When comparing sex-specific size in spring and fall seasons across habitats, habitat, season, and their interaction were all significant factors (Table 2). Monarchs were smaller in inland swamps compared with maritime

Habitat	Season	No. tagged	No. recaptured	Recapture rate
Inland swamp	Spring	2884	665	23%
Inland swamp	Summer	1785	675	38%
Inland swamp	Fall	1392	336	24%
Inland swamp	Winter	0	0	N/A
Maritime	Spring	2062	722	35%
Maritime	Summer	107	60	56%
Maritime	Fall	7621	1037	14%
Maritime	Winter	2525	1216	48%

Table 1. Summary of monarch tagging data across habitat and season for sampling conducted from January 2018 to April 2022.

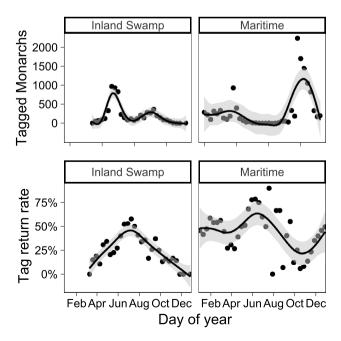


Figure 1. The number of tagged monarchs (top panels) and the tag return rates (bottom panels) summarized over 10-day periods across the year. Smoothed lines and grey error ribbons show results of generalized additive models (GAM) demonstrating non-linear trends. Created with 'ggplot2' package⁴⁴ in R⁴¹.

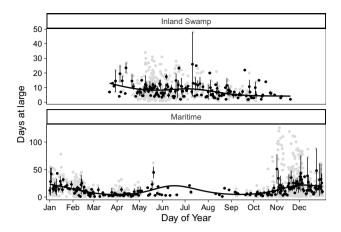


Figure 2. Days at large for individually tagged monarchs (grey points) and mean values (\pm S.E.; black points) for each ordinal day from inland swamp (top panel) and maritime (bottom panel) habitats. Smoothed lines show results of generalized additive models (GAM) demonstrating non-linear trends. Created with 'ggplot2' package⁴⁴ in R⁴¹.



Figure 3. Monarch butterflies on eastern red cedar (*Juniperus virginiana*) at Folly Beach, SC during fall migration, captured on November 12, 2017. Monarchs tend to congregate on the south ends of barrier islands during the day and then migrate southward to other barrier islands with calmer winds each morning. This fall period is characterized by a high tag rate, due to the abundance of monarchs, but low tag return rates arising from migratory behavior.

habitats for females in spring (z=-5.11, P<0.001), females in fall (z=-11.75, P<0.001; Table 3), males in spring (z=-8.32, P<0.001), and males in fall (z=-18.25, P<0.001, Table 3). Within habitats, there was no seasonal difference in monarch size between the spring and fall for females in maritime habitats (z=0.107, P=0.999), between the spring and fall for females in inland swamps (z=-1.42, P=0.489; Table 3), between the spring and fall for males in maritime habitats (z=0.668, P=0.909), nor between the spring and fall for males in inland swamps (z=-2.20, P=0.123; Table 3).

Breeding phenology and host plant phenology. Indicators of monarch breeding activity, including mating (i.e., monarchs paired at capture) and the presence of eggs, larvae, and pupae, were documented in both inland swamp and maritime habitats. Mating prevalence (i.e., the prevalence of monarchs paired at capture) during spring, summer, and fall seasons was not significantly different between inland swamps (3.3%) and maritime habitats (3.5%; z=-0.476, P=0.634). Within maritime habitats, mating prevalence in winter (0.28%) was significantly lower than fall (2.7%; z=3.864, P<0.001) and spring (3.1%; z=3.639, P=0.002), but not different from summer mating prevalence (<0.01%; z=-2.089, P=0.157).



Figure 4. Monarch butterflies at an inland swamp in Charleston, SC captured on May 12, 2023. Monarchs are seen using aquatic milkweed (*Asclepias perennis*) and other wetland-associated plants such as bald cypress (*Taxodium distichum*), tupelo (*Nyssa* sp.), dwarf palmetto (*Sabal minor*), and sedge (*Carex* sp.). Image credit E. Weeks/SCDNR.

Factor	X² (female/male)	P-value (female/ male)
Location	138.15/332.87	< 0.001/< 0.001
Season	2.01/4.85	0.15/0.03
Location * season	7.07/24.12	0.008/< 0.001

Table 2. Results from likelihood ratio tests of GLMM models on spatial and temporal patterns of monarch size for fall and spring seasons.

Habitat	Season	Female (mm)	Male (mm)		
Inland swamp	Fall	51.05 (0.38)	51.27 (0.28)		
Inland swamp	Spring	51.82 (0.38)	52.13 (0.27)		
Maritime	Fall	53.17 (0.37)	53.83 (0.26)		
Maritime	Spring	53.11 (0.38)	53.59 (0.25)		

Table 3. Estimated marginal means $(\pm SE)$ from sex-specific models of monarch size variation by habitat and season.

Seasonal patterns of adult interactions with putative host plants (Fig. 5) were observed with swallow-wort (*Pattalias palustre* [formerly *Cynanchum angustifolium*]) representing an important plant for monarch breeding in maritime habitats in the spring. Throughout the remainder of the year, the non-native tropical milkweed, *Asclepias curassavica*, is associated with a substantial amount of monarch activity in maritime habitats. The native aquatic milkweed (*A. perennis*) was documented at inland swamps across 34 HUC-12 watersheds within the coastal plain physiographic region of SC throughout the fall, spring, and summer (Fig. 6; no captures were made in the winter when sampling was reduced). Monarch eggs, larvae, adults, and/or pupae were found in 18 of these watersheds (Fig. 6).

Discussion

Seasonal distribution patterns. While the population of eastern monarchs is renowned for its North American migration from Canada to overwintering grounds in Mexico⁹, an increasing body of information supports the existence of an Atlantic migratory flyway, situated east of North America's Eastern continental divide (i.e., Appalachian Mountains). This flyway may serve as a distinct migratory route for monarchs along North America's Atlantic seaboard^{18,21–27}. The Eastern continental divide is known to represent an important barrier to dispersal for many species^{28,29}, but its role as a potential barrier to monarch dispersal, such as separating putative Atlantic coast monarchs from eastern monarch populations, remains unclear²⁷. The results that we present here clearly demonstrate that numerous behavioral and reproductive traits of monarchs in SC's coastal plain differ from traits observed in eastern monarchs that overwinter in Mexico (principally those west of the Appalachian Mountains). Monarchs in the southeastern US appear to heavily use inland swamps (i.e., bottomland hardwood

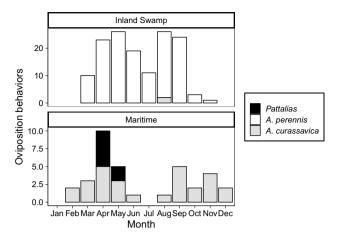


Figure 5. Numbers of monarchs displaying oviposition behavior in association with putative host plants (shown in black, white and grey) from maritime (top panel) and inland swamp (bottom panel) habitats by month. Created with 'ggplot2' package⁴⁴ in R⁴¹.

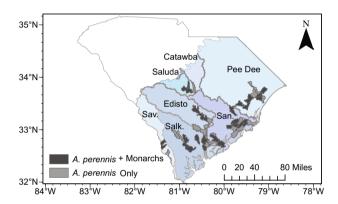


Figure 6. Spatial distributions and associations of aquatic milkweed (*A. perennis*) and monarchs by watershed across the coastal plain of SC created using ArcGIS Pro 3.0 (https://www.esri.com/).

forests) in spring, summer, and fall months and maritime habitats in winter. These findings help highlight the range of monarch behaviors and habitat use in eastern North America.

Monarch activity and breeding during spring, summer, and fall seasons is associated with aquatic milkweed (*Asclepias perennis*), as demonstrated in the inland swamp habitats of this study. These habitats contain large expanses of aquatic milkweed that form on the floor of seasonally flooded areas of bottomland hardwood forests (*e.g.*, cypress-tupelo swamps). These systems have extreme wet-dry cycles with late fall, winter, and early spring representing periods with higher water levels when plants are likely submerged, and late spring, summer and early fall representing drier periods when plants are emergent or exposed above the water line and accessible to adult monarchs for nectaring and as a larval host plant. Aquatic milkweed is adapted to this environment by using hydrochorous (i.e., water-dispersed) seeds that can remain floating for more than 6 months, serving as an important seed bank³⁰. Inland swamps also have lower minimal temperature when compared to their maritime counterparts which likely prevents monarchs from using these habitats during winter months (see below). Inland swamps are expansive throughout the southeastern US³¹. Access to these habitats for sampling, however, can be challenging, often requiring watercraft access or a willingness to wade through shallow swampy systems that have not previously been associated with heavy use by monarchs.

Our analyses indicate that aquatic milkweed and its use by monarch butterflies is extensive throughout much of the year (except winter) and is widespread across the coastal plain such that aquatic milkweed in these habitats serves as a source of recruitment for this species in the region. While aquatic milkweed has been documented as a host plant for monarchs in the past³², our findings show regular use of this plant throughout bottomland hardwood forests in SC. Given the expansive coverage of these habitats in the southeastern US, there is a potential for monarchs in these habitats to represent a non-negligible proportion of the eastern monarch population, but further research is needed to understand how monarch population abundances vary across this region. The extensive use of inland swamps by monarchs suggests that these habitats should be considered as part of future monarch conservation strategies.

We also highlight the role of maritime environments in the southeastern US as important overwintering habitat for monarchs. Both relatively high tag return rates and days at large for winter monarchs support this finding. Previous data have also demonstrated the use of maritime habitats in this region by overwintering monarchs^{21,32}, including expansive use of the SC coast³³. The climate of overwintering grounds in Mexico is characterized as cool and humid³⁴ which, due to the buffering influence of relatively warm ocean waters on maritime habitats, generally matches the cool and humid conditions of SC's maritime habitats. The density of overwintering monarchs in Mexico can be very high (e.g., 28 million ha⁻¹³⁵). And while densities of overwintering monarchs in the southeastern US are not this high, their widespread distribution in this region could represent a significant portion of the monarch population along the Atlantic seaboard. For instance, none of the monarchs tagged in this study were recovered from Mexico (although six monarchs were recaptured in Florida), suggesting that maritime habitats in the southeastern US may represent an alternative overwintering ground for monarchs. Further research is needed to quantify the population abundances, conservation status, and threats to overwintering monarchs in this region.

Swallow-wort, *Pattalias palustre*, a plant in the milkweed family Apocynaceae, is native to the coastal southeastern United States and is common in coastal grasslands with brackish soil that occur very near tidal saltmarshes³⁶. This plant is also a larval host plant for the queen butterfly *Danaus gilippus*. Mating and offspring development of eastern monarchs are generally associated with milkweed plants, principally common milkweed, *Asclepias syriaca*, as well as fewflower milkweed, *Asclepias lanceolata*, swamp milkweed, *A. incarnata*, butterfly weed, *A. tuberosa*, whorled milkweed, *A. verticillata*, and poke milkweed *A. exaltata*. Monarch butterflies observed in this study showed a heavy reliance on both *A. perennis* and *P. palustre*, two members of the family Apocynaceae that grow in very distinct habitats (i.e., inland swamp and maritime habitats, respectively), but that have not previously been shown to support such extensive use by monarchs.

The introduction of the non-native tropical milkweed, Asclepias curassavica presents an important threat to monarchs. This plant is thought to contribute to increased reproductive activity of migrating fall monarchs³⁷ and spread of disease³⁸. The phenology of Asclepias spp. native to the southeastern US is such that Asclepias leaves are not generally available for monarch feeding or larval development during the winter. The non-native A. curassavica, however, keeps its flowers and leaves throughout much of the year, especially when provided thermal refuge from freezing temperatures³⁸ as is often the case in maritime habitats. While A. curassavica may disrupt monarch breeding phenology³⁹, eastern migratory monarchs are generally thought to be in reproductive diapause in the fall, restricting their mating activity to spring migratory and summer residency periods^{18,39}. Monarch butterflies observed in this study were characterized as displaying reproductive activity during migration periods, including reproductive activity during the fall season when A. curassavica was not readily observable and tag recovery rates were low (i.e., an indicator of migratory behavior). Prevalence of fall mating monarchs in this study (2.7%) was consistent with previous reports of mating activity in the region (2.4%)²¹ which are also similar to spring mating levels observed in this study (3.1%). These values likely underrepresent the true mating levels since mating monarchs can be more difficult to capture because mating pairs often move to more protected areas such as higher in the canopy²¹ and suggest that fall mating by monarchs in southeastern coastal plain habitats may be more significant than previously thought.

These findings support the contention that the traits associated with Atlantic coast monarchs deserve additional attention to better understand the relationship between monarchs separated by the eastern US continental divide. How these patterns relate to the genetically distinct monarch population recognized from South Florida²⁶ is currently unknown and deserves attention. In addition, quantitative surveys of monarch populations within and outside the southeastern US would provide much-needed resolution on the relative size of monarch populations. The extensive use of inland swamps (i.e., bottomland hardwood forests) and maritime habitats (i.e., barrier islands) by monarchs suggests that protections of these habitats may be critical to protecting monarchs in this region.

Methods

Sample collection. As part of a longer-term dataset collected by co-author JWM who has conducted capture-mark-capture of individual monarchs overwintering in maritime habitats of SC every year beginning in 1996, trait comparisons across habitats occurred from January 2018 to April 2022 using primarily aerial nets. Monarchs were marked with specialized, self-adhesive, disc-shaped, polypropylene tags with unique identifying codes and procured from Monarch Watch. Sampling occurred in and around two habitats: inland swamps and maritime habitats. Inland swamp habitats consisted of bottomland hardwood forests with cypress and cypress-tupelo swamps of the mid-Atlantic coastal plain and southern coastal plain ecoregions in northeastern Charleston County and southeastern Berkley County, as well as West Ashley, SC. Maritime habitats consisted of barrier island and sea island habitats of coastal SC and were located near open water in Folly Beach, SC, James Island, SC, and Mount Pleasant, SC in Charleston County, SC. Surveys were conducted at both habitats throughout the year, but sampling of inland swamps was diminished during winter when no monarchs were present. Seasons were defined meteorologically as follows: Winter = Dec, Jan, Feb; Spring = Mar, Apr, May; Summer = Jun, Jul, Aug; and Fall = Sep, Oct, Nov. The presence of mating behavior was documented if monarchs were paired when captured. Data are available in supplementary Table S1.

Surveys of watersheds within the coastal plain were also conducted from June 2018 to July 2022. Representative areas of inland swamps for 34 watersheds were visually surveyed during periods of low water for the presence of aquatic milkweed and any stage of monarchs (i.e., egg, larvae, pupae, and adult) and are available in supplementary Table S2. Findings are visualized by ascribing patterns based on HUC-12 watershed designations.

Statistical approach. Generalized linear mixed effects models (GLMM) and generalized additive models (GAM) were developed in R⁴¹ using packages 'lme4'⁴² and 'mgcv'⁴³, respectively, for statistical analysis of tagging, size, and oviposition data. Data are visualized using the 'ggplot' package⁴⁴ in R. For the GLMM comparing days at large across habitats, we used Poisson distributions and likelihood ratio tests, as chi-squared ANOVA, to test for parameter significance using collection year as a random effect. For monarch size, we used gaussian distributions with collection month nested in year as random effects with modeled parameter values reported as estimated marginal means, which were compared across habitats in a pairwise fashion using the 'emmeans' package in R⁴⁵. For the GLMM assessing patterns of mating prevalence, we used a binomial distribution using collection year as a random effect. Mating prevalence is reported from raw data and compared across habitats and seasons in pairwise fashion using the 'emmeans' package.

Data availability

The datasets analyzed during the current study are available as supplementary material.

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Author contributions

M.R.K. and J.W.M. worked together closely to finalize this manuscript. M.R.K. led data analysis, data visualization, and manuscript writing. J.W.M. was responsible for field data collection and data entry over the course of this long-term sampling effort.

Competing interests

The authors declare no competing interests.

Additional information

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